

Build Community Through “Dinner for Six” Groups

Purpose

Meeting around a meal helps build a bond between brothers and sisters of the faith. “Dinner for Six” is a simple meal gathering, where you rotate locations, companions, and responsibilities each quarter, to help build community and deepen friendships within your Life Group.

What do dinners for six look like?

It takes 3 couples (6-8 people), or family units to fill each dinner group. To include singles, you can split one of the guest’s responsibilities per single person.

Each couple takes one of the following responsibilities for each meal:

1. Host/Main Dish

- Decides on a date and time to meet.
- Provides the main dish, and determines meal theme (Mexican, Italian, Breakfast for Dinner, BBQ).
- Gets the privilege of choosing if it will be an adult-only evening or family-friendly dinner.
- Leads the entertaining/activity based on their group structure (see activity ideas below).
- Determines any dietary needs of the group and makes them known (diary/gluten-free, etc.).

2. Salad, Rolls or Drinks

- This is a great introduction spot for new people, as it is easy to purchase a pre-made salad, dinner rolls, or drinks.

3. Side Dish or Dessert

- Again, not a difficult option if people are comfortable purchasing or baking a fun dessert or making a favorite recipe for a side dish.

Getting started with your Life Group

As you ask about those who’d like to participate, you also want to know who is willing to serve as a host. Create a signup sheet to include phone numbers and the option to serve as the host.

Make it clear they are not signing up to host every single time, but on a rotating basis.

Activities

- **Provide 3-5 simple discussion questions or prompts**
 - (For couples) “How did you all meet?”
 - “What was your favorite meal growing up?”

- “What has been your favorite or most interesting job and why?”
- “What is your favorite quality or attribute of God?”
- “Who is your favorite author or what is your favorite book?”
- “What is your favorite movie and why?”
- “How do you like to use your gifts and abilities to server others?”
- “Could you share how you came to put your faith in Jesus?”

- **Game Night**

- Ask each couple/person to bring their favorite game to play.

- **Fellowship Outing**

- Instead of fellowshiping at a house, a host could decide to go out and meetup for bowling, Chicken and Pickle, mini-golf & ice cream, picnic at the park, etc.